Cystic Fibrosis

Cystic Fibrosis (CF) is a recessive genetic condition that affects a number of organs (in particular the lungs and pancreas). The gene(s) involved in CF controls the movement of salt in and out of cells, resulting in thick and sticky mucus in the affected organs.

Symptoms can include poor weight gain, chronic cough, repeated chest infections, salty sweat and abnormal stools.

For more information go to:


Cystic Fibrosis New Zealand - http://cfnz.org.nz/

Cystic Fibrosis UK - https://www.cysticfibrosis.org.uk/what-is-cystic-fibrosis