

## Sarcoidosis

Sarcoidosis is the name given to a condition in which “sarcoid granulomas” appear in the body’s tissues.

Sarcoidosis is a form of inflammation that is not cancerous and it usually gets better by itself over time. Sarcoid granulomas are seen on tissue biopsy under the microscope and consist of groups of immune cells which are normally part of the body’s defence system.

In chronic or progressive disease, treatment with prednisolone or cortisone may be required.

Sarcoidosis can involve any organ in the body, but in 90% of cases, it involves the lungs or lymph nodes next to the lungs.

For more information, go to the Australian Lung Foundation fact sheet:

<http://lungfoundation.com.au/wp-content/uploads/2013/12/Sarcoidosis.pdf>