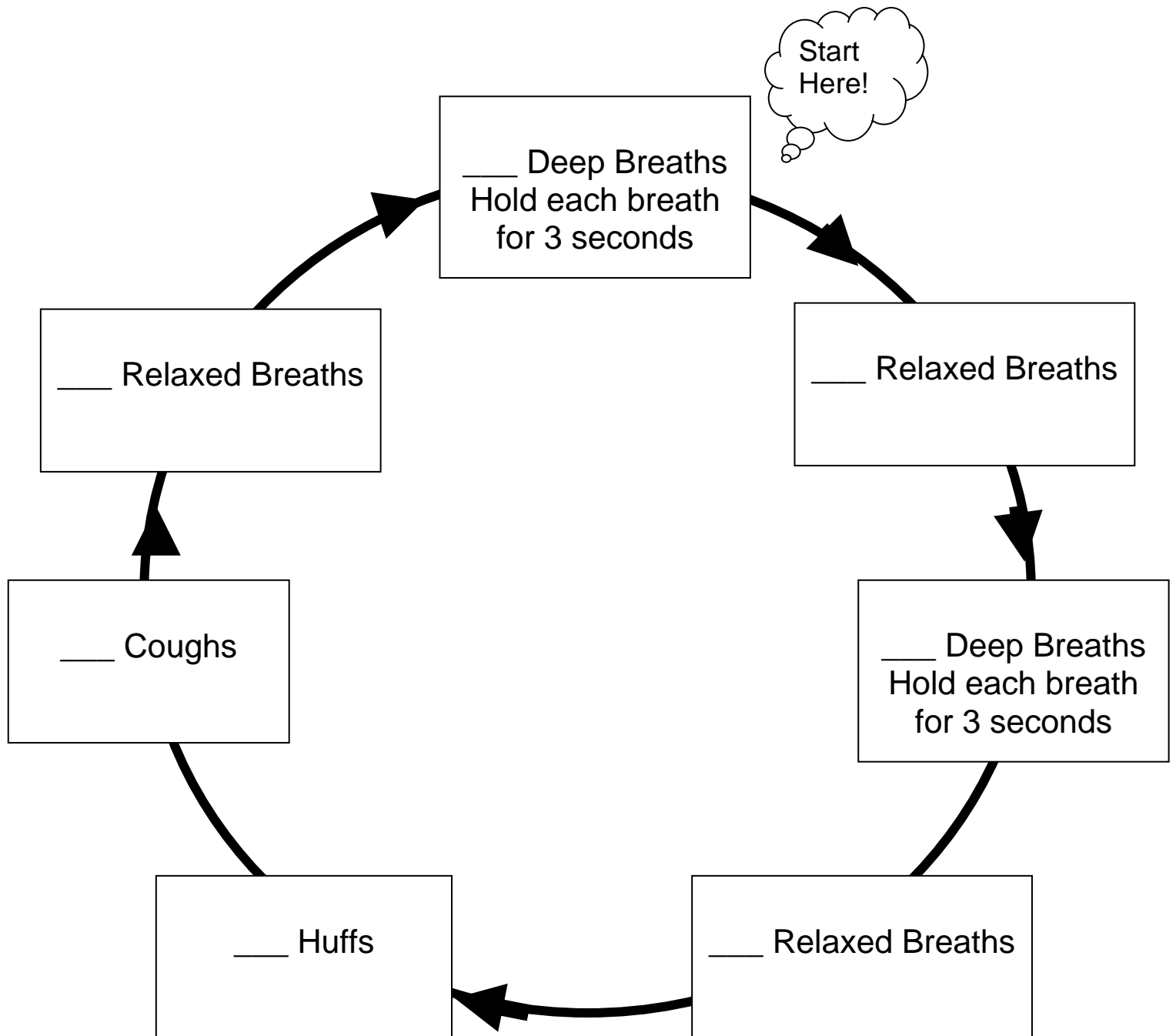


# ACBT – Active Cycle of Breathing Technique



**Repeat \_\_\_ times**  
**Every ½ 1 2 hour**  
(circle whichever one applies)

- Left side lying
- Right side lying
- Sitting Upright