

Physiotherapy Bronchiectasis Care Plan

WELL

Cough and phlegm is normal
Sleeping and eating well



Physio _____
Exercise _____
Medicine & Inhalers _____

Unwell but able to attend crèche or school

Not feeling 100%
Coughing more than normal
Phlegm thicker or darker colour
Eating and drinking fairly well



Physio _____
Exercise _____
Medicine & Inhalers _____

Review by local GP or telephone contact with local hospital team

Unwell and not able to attend crèche or school

Coughing a lot, including night time
Phlegm much thicker and darker in colour
Short of breath at rest
May have a fever



Physio _____
Exercise _____
Medicine & Inhalers _____

Urgent Review by local GP or hospital team