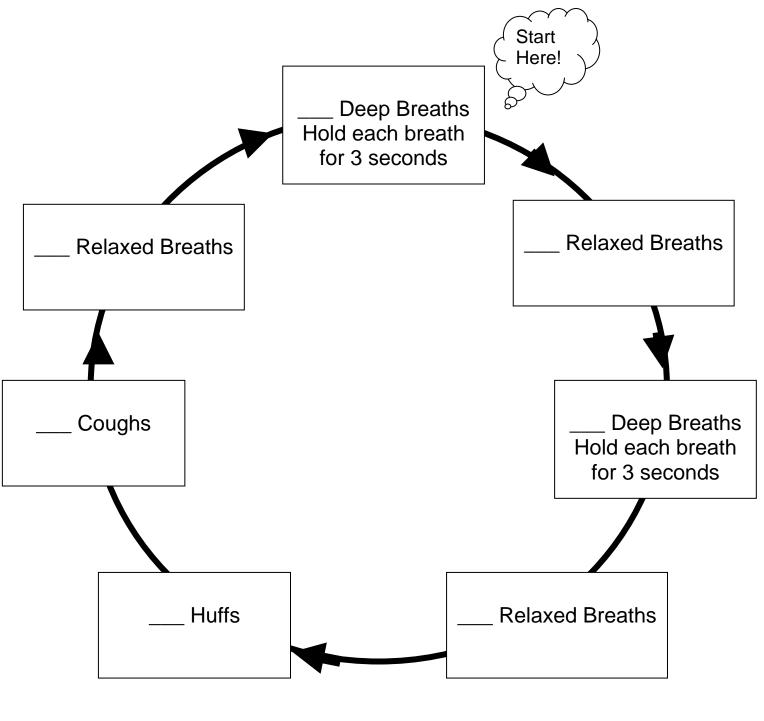
## **ACBT – Active Cycle of Breathing Technique**



## Repeat \_\_\_\_ times Every $\frac{1}{2}$ 1 2 hour

(circle whichever one applies)

Left side lying
Right side lying
Sitting Upright

Created by Physiotherapy Department at Liverpool Hospital. Updated February 2010.